

YEAR	UNIT 1	UNIT 2	UNIT 3	UNIT 4	UNIT 5
7	EQUALITY AND DIVERSITY <ul style="list-style-type: none"> • Unique identities • Bullying • Neurodiversity • Body positivity • Different cultures • My identity 	PUBERTY <ul style="list-style-type: none"> • Puberty • Anatomy • Periods • Gender and sex • Trans puberty • Sexualisation 	FAMILIES AND RELATIONSHIPS <ul style="list-style-type: none"> • Modern families • Dealing with divorce • Living in care • Online relationships • Gangs • Bereavement 	HEALTHY LIVING <ul style="list-style-type: none"> • Eating healthily • Exercise • Physical abuse • FGM • Mental health • The internet and wellbeing • Steps to wellbeing 	ACTIVE CITIZENS <ul style="list-style-type: none"> • The importance of the vote • Voting in the UK • Rights and responsibilities • The role of law Creating change
8	DISCRIMINATION <ul style="list-style-type: none"> • Disability • Sexism • Racism • Colourism and intersectionality • Immigration • LGBT+ 	SAFETY AND PROTECTION <ul style="list-style-type: none"> • Road safety • Online safety • Grooming • Gangs • Terrorism • First Aid • Suicide 	BULLYING AND BYSTANDERS <ul style="list-style-type: none"> • Defining bullying • Dealing with bullying • Identity • Celebrating diversity • Self-esteem • Conformity 	LOOKING AFTER OUR HEALTH <ul style="list-style-type: none"> • Diet and exercise • Smoking and alcohol • Common illnesses • Anger management • Self-harm • Steps to wellbeing 	VIOLENT RELATIONSHIPS <ul style="list-style-type: none"> • Equality, power and consent • Grooming • Domestic abuse • Forced marriage • Trafficking and modern slavery • Social campaigning
9	THE INTERNET <ul style="list-style-type: none"> • Benefits and dangers • Cyberbullying and online safety • Odd-one-out documentary • Sexualisation • Conspiracy theories • Online behaviour • The internet and crime 	SEXUAL WELLBEING <ul style="list-style-type: none"> • Anatomy • Periods and fertility • Consent and sexual readiness* • Contraception* • STIs* • HIV and AIDs* • Condom demonstration lesson* 	ADDICTION <ul style="list-style-type: none"> • Causes of addiction • Smoking • Alcohol • Cannabis • Class A Drugs • Addicted to social media • Addiction and society 	MONEY MATTERS <ul style="list-style-type: none"> • Bank accounts • University and apprenticeships • Tax and interest • Keeping our money • Debt and payday loans • Fraud 	EXTREMISM <ul style="list-style-type: none"> • Defining terrorism • Exploitation and grooming • Media and propaganda • Prejudice • Causes • Social change

Sex education lessons *

YEAR	TERM 1A	TERM 1B	TERM 2A	TERM 2B	TERM 3A
10	HUMAN RIGHTS <ul style="list-style-type: none"> • Free speech • Asylum • Healthcare • Beliefs • Education • Privacy and the media • Name 	EXPLOITATION AND GROOMING <ul style="list-style-type: none"> • Sexual wellbeing** • Sexting • Grooming • Rape • Myths around consent • Other forms of exploitation • Activism 	THE IDEAL BODY <ul style="list-style-type: none"> • The 'ideal' body • Trans bodies • Masculinity • Pornography* • Cosmetic surgery • Eating disorders 	LIFE IN BRITAIN <ul style="list-style-type: none"> • Democracy • Political systems and parties • Free speech and tolerance • Laws and justice • Inequality in Britain and charity • Immigration 	HUMAN REPRODUCTION <ul style="list-style-type: none"> • Fertility • Preventing pregnancy • Choices • Effects of pregnancy • Childbirth • Looking after a baby
11	SEXUAL HEALTH <ul style="list-style-type: none"> • Sexual wellbeing* • Sexual identity* • Pleasure and anatomy* • Exploration* • Myth busting* • Healthy or unhealthy* • Sexual discrimination* 	BODY AND MIND <ul style="list-style-type: none"> • Physical health • Concentration • Self-esteem • The internet and mental health • Stress and ways of coping • Depression • Psychosis 	EMPLOYMENT AND EXAMS <ul style="list-style-type: none"> • Success • Next steps • Applications • Job interviews • Behaviour in the workplace • Digital footprint 		

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